



# *Pre & Postnatal Aerobics*

## *Class Schedules*

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### **Waterloo Centre**

♥ Thursdays: 3-4pm, 7-8pm

♥ Saturdays: 1:30-2:30pm

### **Westgate**

♥ Saturdays: 10:00-11:00am

*\*Day/timings might differ and may not always be on the same day/timing.*

*> Please refer to online booking calendar for the actual class dates.*

*\*Classes will only start with a minimum of 5 sign ups.*

### ♥ **Waterloo Centre**

261 Waterloo St, Waterloo Centre #02-14, Singapore 180261

Nearest MRT station: Bras Basah MRT or Bugis MRT

### ♥ **West Gate, DF Acedemy**

Westgate, 3 Gateway Drive #04-13, Singapore 608532

Nearest MRT station: Jurong East MRT

### **To Register/ Book**

SMS/WhatsApp:

93855583 (or)

Book online on

[www.vanny-fitness.com](http://www.vanny-fitness.com)

*\*Booking 3 days in  
advance is required.*

*Vannytelly*

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